Research Article

The timing of abortions, births, and union dissolutions in Finland

Heini Väisänen

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Heini Väisänen[1]

Abstract

BACKGROUND
People make fertility decisions within the wider context of their lives. Previous studies have shown that there are factors that drive both relationship transitions and childbearing decisions. However, there is a lack of research on whether these factors also drive abortion decisions and decisions to end a romantic relationship, and whether their effect depends on being in a cohabitating or marital union.

OBJECTIVE
To study whether the factors that influence relationship transitions and childbearing decisions are also associated with abortion decision-making.

METHOD
I analysed nationally representative register data of Finnish women born in 1965–1969 (N=17,666) using multi-level multi-process event history models.

RESULTS
Women's unobserved characteristics affected union dissolution, abortion, and childbearing decisions: Women with a tendency towards unstable relationships were more likely to have an abortion and less likely to give birth. The observed likelihood of abortion was lower for married than cohabiting women in the early years of a relationship, but became similar over time.

CONCLUSIONS
Characteristics such as personality and religiosity may partly explain these results. In line with previous research on other union characteristics, the likelihood of abortion in long-term cohabitation becomes similar to marriage over time.

CONTRIBUTION
This study is the first to jointly estimate these three decision-making processes using reliable longitudinal data.

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1. Introduction

The association between union instability and childbearing has been examined, for instance, in the United States (Lillard 1993; Lillard and Waite 1993), the United Kingdom (Aassve et al. 2006; Steele et al. 2005), and Brazil (Leone and Hinde 2007). These studies conclude that people make childbearing decisions together with decisions to continue or to leave a romantic relationship. In other words, these decision-making processes are correlated, and thus the processes should be modelled simultaneously to avoid bias in the estimates of the model (Steele et al. 2005). A shortcoming of previous studies is that due to underreporting of induced abortions (from now on 'abortions'), they were not able to take pregnancy terminations into account, even though doing so would have provided more information about the dynamics of union dissolution and fertility behaviour (Berrington 2001; Leone and Hinde 2007; Steele et al. 2005). This is an important gap in the literature, as relationship problems are among the most common reasons women give for having an abortion (Bankole, Singh, and Haas 1998; Chibber et al. 2014; Finer et al. 2005; Kirkman et al. 2009). This implies there are factors that drive both processes, the decision to end or continue a romantic relationship and the decision to have an abortion.

This study aims to fill this gap in the literature by using longitudinal data from Finnish population registers to study whether there are shared factors that drive decisions to terminate a pregnancy, to end a romantic relationship, and to have children. I interpret union dissolution as an indicator of a difficult period in the relationship preceding it and am interested in whether such difficulties are associated with abortion decisions. There might be factors also driving childbearing decisions and the other two processes. Abortions can be used to postpone, space, or avoid births (Bankole, Singh, and Haas 1998), and childbearing may be less likely during the period preceding a union dissolution if the couple wants to avoid high emotional and other separation costs in the presence of children (Lillard and Waite 1993).

The advantages of using register data include the lack of attrition, which is common in surveys with long follow-up times, full reporting of abortions, and knowing when each union started and ended. Also, unlike in many other countries (Lyngstad and Skardhamar 2011), in Finland information on cohabitation has been included in the population registers since 1987, making it possible to study whether the decision to terminate a pregnancy differs between those cohabiting and those married. To the best of my knowledge, this is the first study to simultaneously analyse the processes leading to abortions, births, and union dissolutions using reliable longitudinal data.

2. Background

2.1 Births and union dissolutions

The factors that drive childbearing and union dissolution decisions may differ depending on the culture around romantic relationships and childbearing. For instance, Lillard and Waite (1993) theorise that, in the United States, having children increases the costs of a break-up, and thus couples that suspect they will separate choose not to start childbearing, whereas those who are committed to their relationship are more likely to have children. In Brazil, women in consensual unions, which typically are less stable than marriages, may think childbearing decreases the chances of the union dissolving and thus want to have children with their current partner (Leone and Hinde 2007). In the United Kingdom, childbearing seems to stabilise relationships, but the effect is weaker for cohabiting than for married couples (Steele et al. 2005).

The level of commitment in a relationship may differ between marital and cohabiting unions, particularly in the early stages of the relationship (Perelli-Harris 2014). Whether women see cohabitation as a good setting for childbearing depends on their personal characteristics and the culture of the country they live in. A study in eight European countries shows that although cohabitation has become popular in Europe, its meaning varies by country (Perelli-Harris et al. 2014). For example, in Italy cohabitation is seen as low-level commitment, whereas in Norway few differences are found between cohabitation and marriage (Lappegård and Noack 2015; Perelli-Harris et al. 2014). A common finding among the countries, however, is that the first stages of cohabitation are seen as a minor step beyond dating (Perelli-Harris et al. 2014), even though long-term cohabiting unions often become like marriages in terms of level of commitment, as the couple buys property, joins finances, and/or has children (Hoem, Jalovaara, and Muresan 2013; Holland 2011; Lyngstad, Noack, and Tufte 2011).

2.2 Abortions and union dissolutions

I expect decisions regarding pregnancy terminations and union transitions to be driven to a certain extent by the same factors, because relationship problems are a commonly cited reason for an abortion (Bankole, Singh, and Haas 1998; Chibber et al. 2014; Finer et al. 2005; Kirkman et al. 2009). A woman may choose an abortion if she perceives her relationship to be too problematic, too new, or too unstable, if her partner is abusive, or if she perceives him to be unsuitable or unwilling to be a father (Chibber et al. 2014; Kirkman et al. 2009). Almost four in ten women seeking abortions in the United States reported relationship problems as the reason for abortion. One in ten stated their

concern was that their relationship might soon dissolve, leading to a lack of resources to take care of the child (Finer et al. 2005). Less than 40% of women in the United States who were in a romantic relationship when they sought to terminate a pregnancy were together with the same man two years later (Mauldon, Foster, and Roberts 2015). Although carrying an unwanted pregnancy to term was associated with a postponement of relationship dissolution compared to women who had an abortion, approximately two years after conception there was no difference in the proportion of women still in a relationship with the man involved (Mauldon, Foster, and Roberts 2015). Thus, abortions do not cause union dissolutions, but they often occur during a difficult period in a relationship.

The factors driving the decision to have an abortion or leave a romantic partner may differ to some extent depending on whether a woman is cohabiting or married (Perelli-Harris et al. 2014). The likelihood of abortion may be higher in the early years of cohabiting than in a marital union, but they become similar over time, just as with time cohabiting unions tend to resemble marriages in other ways (Hoem, Jalovaara, and Muresan 2013; Holland 2011; Lyngstad, Noack, and Tufte 2011).

2.3 Abortions and previous births

The decision to continue or terminate a pregnancy also depends on the timing of previous births and childbearing intentions. Abortions may be used to postpone, space, stop, or avoid childbearing (Bankole, Singh, and Haas 1998). The costs of childbearing for young women may be great if they have not yet completed their education, formed stable partnerships, or had time to accumulate economic resources (Becker 1991; Hansen et al. 2009; Kreyenfeld 2010; Oppenheimer 1994; Väisänen and Murphy 2014). Some women are concerned that a new child will deprive existing children of parental and economic resources (Finer et al. 2005; Kirkman et al. 2009).

2.4 Other determinants of abortions, births, and union dissolutions

Studies in Finland and other Nordic countries have shown that socioeconomic characteristics such as education are associated with the timing of births and family size (Kravdal 2001; Lappegård and Rønsen 2005; Nisén et al. 2013), the likelihood of abortion (Väisänen 2015, 2016), and union formation patterns (Jalovaara 2012). In the United Kingdom, employment transition, union transition, and childbearing decisions are intertwined (Aassve et al. 2006). Unfortunately, in my data (see Section 3.1) employment and education transitions are not measured in enough detail to include

these types of transition here, but I did control for socioeconomic characteristics in my models.

2.5 The Finnish context

In Finland there are no substantial limitations on obtaining an abortion within the first trimester of pregnancy. Legislation changed in June 1970 to allow abortion for social and economic reasons in addition to medical reasons, incest, and rape (FINLEX 2013). Since then, an early abortion (up to the end of 12 weeks of gestation) is routinely granted when women apply on social grounds (Knudsen et al. 2003). Sex education has been compulsory in schools since 1970 (Kontula 2010). All municipalities have been required to provide family planning services since 1972 (Kosunen 2000).

Abortions that occur soon (up to 18 months) after a birth are relatively common in Finland, probably due to ineffective contraceptive use and attempting to use lactation as a method of pregnancy prevention (Vikat, Kosunen, and Rimpelä 2002).

Policies that reduce the cost of childbearing have been implemented in Finland since the late 1940s, when the government started paying universal child benefit (Forssén, Laukkanen, and Ritakallio 2003). In the mid-1970s parental leave was increased from three to seven months and then to nine months in 1981. The parent who stays at home receives an allowance of around 70% of his/her income prior to childbearing (KELA 2012). Since the mid-1980s a home care allowance has allowed a parent to stay at home after the end of parental leave without losing their job until the youngest child is 3 years old, and to receive a benefit of approximately €300 per month (Haataja 2006; Vikat 2004). Daycare for children (under age 3 since 1985 and under age 7 since 1996) is a universal right guaranteed by law, and public nurseries are inexpensive and high-quality (Haataja 2006; Vikat 2004). A high-quality education system is free of charge at all levels and further decreases the costs of childbearing.

In Finland the proportion of births to unmarried women increased from 6% to 41% between 1970 and 2010 (Official Statistics of Finland 2012). The vast majority of these nonmarital births occurred in cohabiting unions (Hoem, Jalovaara, and Muresan 2013), indicating that attitudes towards cohabitation may resemble those in Norway, where there is little difference between marital and cohabiting unions (see Lappegård and Noack 2015).

2.6 Aim of the study

My aim is to examine whether there are observed or unobserved factors that drive having an abortion, the timing of births, and union dissolution, using data on Finnish women born in 1965–1969. I estimate a model measuring the timing and outcome of pregnancies (birth or abortion) simultaneously with a model estimating the risk of union dissolution. If there are factors that affect women's decision-making regarding all these issues, these decisions are said to have been made jointly. If these decisions are made jointly due to characteristics not observed in this study, the unobserved components of the models for each process will be correlated (Steele et al. 2005). Thus, finding such correlations in this study would indicate that these processes should be modelled simultaneously. I also test whether the likelihood of terminating a pregnancy changes by length and type of the relationship (marriage or cohabitation).

I do not include other types of union transition in my models, such as translating cohabitation into marriage, because my focus is understanding when women have abortions. Pregnancy terminations often take place while women are experiencing problems in their romantic relationships (Bankole, Singh, and Haas 1998; Finer et al. 2005), whereas pregnancies leading to childbirth are likely to be associated with, for instance, converting cohabitation into marriage (Steele et al. 2005). In this study almost 6% of conceptions leading to abortion took place in the same year as union dissolution, compared to less than 2% of conceptions leading to births. Including other types of transition would greatly increase the complexity of the models, making interpretation challenging and greatly increasing the time needed for the models to run (see also Steele et al. 2005).

3. Data and methods

3.1 Data

Nationally representative data on women born in 1965–1969 was collected from the Register of Induced Abortions, the Medical Birth Register, and the Population Register of Finland. These women were followed up from the year they turned 15 until the year 2010, when they were in their early to mid-40s. As information on cohabitation has only been included in the Finnish population registers since 1987, these women were young enough to have (almost) all of their cohabitations recorded and old enough in 2010, when data collection ended, to have experienced a sufficient number of abortions, births, and union dissolutions to enable the analyses. I extracted this data from a dataset collected for a larger study project (Väisänen 2015; Väisänen and Murphy 2014). The

subsample I used in this study forms a simple random sample of 19,166 women born in these years. I excluded those who were not born in Finland because their union and pregnancy histories were incomplete. There were 17,666 women in the final analytical sample, who experienced 5,839 abortions, 32,020 births, and 13,771 union dissolutions during the study period.

I defined anyone who was cohabiting or married as being 'in union' or 'in relationship' (used interchangeably). As I had no information on the partner's identity, if a woman transitioned directly from cohabitation to marriage I assumed this happened with the same partner. Similarly, I assumed any consistent period of cohabitation or marriage happened with the same partner. I defined union dissolution as transitioning from cohabitation to single, from married to cohabitation, or from married to divorced or widowed. (There were only 122 widows in the sample, and sensitivity analyses showed that including or excluding them did not make much difference to the results, which are available on request.) In my dataset, relationship status was recorded on the last day of each year, and thus I assumed that the relationship status of each woman stayed constant throughout each calendar year. Consequently, if an abortion or a birth was recorded in the same year as union dissolution, I did not know which happened first. Not knowing when exactly these events took place is a shortcoming of this data and should be kept in mind when interpreting the results of the study.

The month and year of all live births and abortions were recorded, but data on stillbirths or miscarriages was not available. I calculated the age of the youngest child based on the time since last live birth and parity of each woman based on the number of live births. Using this information, I created a variable measuring the number and age of children using five categories: no children, one child aged less than 18 months, one child aged 18 months or more, two or more children of whom the youngest is aged less than 18 months, and two or more children of whom the youngest is aged 18 months or more. Preliminary analyses showed that using this variable rather than two separate variables measuring the number and age of the children eased model convergence. I chose the age of 18 months as the cut-off point, as it has been shown that in Finland the risk of abortion is high up to 18 months after a birth (Vikat, Kosunen, and Rimpelä 2002).

Education was measured at ages 20, 25, and 30 (or the nearest year possible, see e.g., Väisänen 2016) and classified into two categories, 'low' and 'middle or high', where 'low' means having completed lower secondary education (10 years of school), 'middle' means having completed upper-secondary education (a further three years), and 'high' means having completed at least undergraduate-level education.

3.2 Methods

As each woman may experience more than one union, birth, and abortion, these events are nested within individuals. The duration between these events is typically correlated within each individual, because there may be characteristics jointly impacting a woman's likelihood of experiencing these events. This hierarchical structure is best handled using a multi-level model, which takes into account any unobserved time-invariant woman-level characteristics affecting the likelihood of the outcome of interest by adding a woman-specific random effect to the model (Steele et al. 2005; Steele, Goldstein, and Browne 2004).

If pregnancy decisions are made jointly with union dissolution decisions, the indicators of pregnancy outcomes will not be independent of the residuals of the union dissolution model, which leads to a risk of biased parameter estimates if the events are modelled separately (Steele et al. 2005). Thus, I estimated three equations simultaneously – one for each outcome of interest (conception leading to abortion, conception leading to birth, and union dissolution) – allowing the woman-level random effects specified in the respective multi-level models to correlate freely across equations. Finding such correlation would imply that pregnancy decision-making is endogenous with respect to union dissolutions (Steele et al. 2005).

The three equations were all discrete-time event history models. Multi-level multi-process modelling of continuous-time event history models was first outlined by Lillard (1993), but others have applied these models to discrete-time event history models since (Steele et al. 2005; Steele, Goldstein, and Browne 2004).

I assumed all correlation in the random parts of the models was taken into account by allowing the woman-level random effects to correlate across equations. Thus, I assumed that these unmeasured characteristics remained constant throughout the study period. This is a limitation of the model, as it does not allow for selection on time-varying unobserved characteristics. However, it is only an issue if there is a change in the relevant unobserved characteristics due to an unobserved event. If there is a change in (one of) the time-varying observed characteristics, the model controls for these changes (such as pregnancy intentions changing after the birth of a child) (Steele et al. 2005). I conducted the analyses using Bayesian estimation (Markov chain Monte Carlo (MCMC))[2] (see e.g., Browne 2009; Leckie and Charlton 2013) in MLwiN (Rasbash et al. 2009) through the *runmlwin* command in Stata 14 (Leckie and Charlton 2013).

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[2] I initially explored the models using the first order marginal quasi-likelihood method and used these results as starting values for Bayesian estimation using MCMC models (see e.g., Browne 2009; Leckie and Charlton 2013). I used 10,000 iterations in the burn-in period to stabilize the chains before starting the actual iteration process of 100,000 rounds. I ran the models with orthogonal fixed effect vectors and parameter expansion to reduce the number of iterations needed to achieve sufficient effective sample size (ESS), that is, an estimate of the number of independent samples on which summary statistics for each parameter are based (Browne

3.3 Analytic strategy

I measured the duration of time in the birth and abortion models as years since age 15 until the estimated time of first conception, and as years since the end of each pregnancy after that. If a woman had no pregnancies the duration was measured until year 2010. As the length of gestation was not recorded in my dataset I assumed the time of conception was three months before an abortion and nine months before a birth. As timing of abortions and births were measured at monthly intervals, I divided the duration under risk of an event (conception) during each one-year interval by the number of months the woman was at risk during that year, to prevent loss of information compared to having used monthly intervals. The duration variable in the union dissolution analyses was years spent in each union.

I included all pregnancies in the models for pregnancy outcomes, as it is likely that previous birth and abortion experiences affect future pregnancy decisions regardless of whether they took place within a union. These models also include women who have never been pregnant. The union dissolution model only includes the episodes women spent in relationships; therefore, it only includes women who ever entered a relationship. When interpreting the results of all three processes jointly I focus on episodes when women were either married or cohabiting, even though the pregnancy equation still includes the episodes women spent without a partner.

3.3.1 The hazard of pregnancy outcomes

As a conception can lead to an abortion or to a birth, the hazard of pregnancy outcomes is best examined using a competing-risks model. The competing-risks model for pregnancy outcomes consists of two logistic regression models with correlated random effects.

I chose which variables to include in the model based on preliminary analyses. Time-varying covariates indicating whether a woman was single, cohabiting, or married at each point in time were included in the models and interacted with the relevant variables. I also included time-varying indicators of divorce or dissolution of a cohabiting union as explanatory variables to see whether a union dissolution is associated differently with the hazard of abortion in cohabiting and marital unions. The model equation is as follows (omitting the subscripts for women and episodes):

2015; Browne et al. 2009; Leckie and Charlton 2013). I used diagnostic tools to ensure the chains had converged (available on request).

$$logit\left(h_t^{ab}\right) = \beta_0^{ab} + \beta_1^{ab}D_t^{ab} + \beta_2^{ab}A_t^{ab} + \beta_3^{ab}L_t^{ab} + \beta_4^{ab}T_t^{ab}$$
$$+ \beta_5^{ab}L_t^{ab} \times T_t^{ab} + \beta_6^{ab}C_t^{ab} + \beta_7^{ab}PA_t^{ab} + \beta_8^{ab}UD_t^{ab} \qquad (1),$$
$$+ \boldsymbol{\beta_9^{ab}X_t^{ab}} + u^{ab}$$

where h_t^{ab} is the hazard of abortion within time interval t, in episode i for individual j; D_t^{ab} is length of time in years since age 15 or for second and higher order pregnancies since the end of last pregnancy; A_t^{ab} is the woman's age (centred around the grand mean); L_t^{ab} is the length of the current union in years; T_t^{ab} is type of relationship status (single, married, or cohabiting); $L_t^{ab} \times T_t^{ab}$ is an interaction term between the two; C_t^{ab} is a time-varying categorical variable indicating the number and age of existing children (reference group being childless women); PA_t^{ab} is a time-varying indicator of the woman having had a previous abortion; UD_t^{ab} is a time-varying indicator telling whether a union dissolution took place within the year of interest and whether it was a divorce or dissolution of a cohabiting union; $\boldsymbol{X_t^{ab}}$ represents a vector of exogenous covariates; and u^{ab} is the woman-level random effect, assumed to be normally distributed: $u^{ab} \sim N\boldsymbol{(0,}\sigma_{ab}^2\boldsymbol{)}$. I specified the duration since last pregnancy and length of the current union as quadratic functions and woman's age as a linear function. Preliminary analyses confirmed these functions as the most appropriate formulations (results available on request). All variables included in the model vary in time.

The model for the hazard of birth h_t^b consists of the same elements as that of abortion. Its woman-level random effect, u^b, is assumed to be normally distributed, $u^b \sim N\boldsymbol{(0,}\sigma_b^2\boldsymbol{)}$, and allowed to be correlated with u^{ab}.

3.3.2 The hazard of union dissolution

I first estimated the hazard of union dissolution in a single-process multi-level model, then simultaneously with the competing-risks model of pregnancy outcomes. I combined cohabitations and marriages into one 'union' state and included a time-varying indicator of whether a woman's current union was a cohabitation or a marriage. I interacted it with the relevant variables, allowing the results to differ depending on the type of union the women were in. The equation for the union dissolution model is as follows (omitting the subscripts for women and episodes):

$$logit\left(h_t^d\right) = \alpha_0 + \alpha_1 L_t^d + \alpha_2 T_t^d + \alpha_3 L_t^d \times T_t^d + \alpha_4 NU_t^d + \alpha_5 AU_t^d$$
$$+ \alpha_6 C_t^d + \alpha_7 P_t^d + \alpha_8 PA_t^d + \boldsymbol{\alpha_9 X_t^d} + u^d \qquad (2),$$

where h_t^d is the hazard of union dissolution within time interval t, in union i for individual j; L_t^d is the length of the current union in years; T_t^d is type of union (marriage or cohabitation); $L_t^d \times T_t^d$ is an interaction between the two; NU_t^d is the number of previous unions; AU_t^d is the woman's age at the start of the union; C_t^d is a categorical variable indicating the number and age of existing children (reference group being childless women); PA_t^d is an indicator of the woman having ever had an abortion; X_t^d represents a vector of exogenous covariates; and u^d is the woman-level random effect, assumed to be normally distributed, $u^d \sim N(0, \sigma_d^2)$, and allowed to be correlated with u^{ab} and u^b in the three-process model. I specified the length of current union as a quadratic function based on preliminary analyses (results available on request). All variables included in the model vary in time.

3.3.3 The three-process model of all outcomes

In the results section I first show the results of the single-process model for union dissolution and the competing-risks model for pregnancy outcomes. Next, I present the results of a joint three-process model of all outcomes. I highlight some results of the fixed part of the model (i.e., the observed variables) using population median predictions, that is, the average of predicted probabilities of experiencing the outcome of interest calculated for each individual while fixing the random effect of the equation of interest to its mean of zero.

4. Results

4.1 Descriptive statistics

Table 1 shows the distribution of the variables used in this study. Women were on average younger at the time of abortion (26 years) than at the time of birth (29.5 years). The average length of a union at the time of abortion was longer (6.3 years) than at the time of birth (5.6 years). In half of the unions that were converted from cohabitation to marriage, the marriage took place during the second year of cohabitation (not shown). Women had on average 1.8 children at the end of the study period, but less than one at the time of a birth or an abortion. Among parous women, time since last birth was on average 1.3 years at the time of an abortion, but almost three years at the time of a birth. Women entered their first union around the age of 24 and their second one in their early thirties (Table 1).

Table 1: **Distribution of variables in the sample and at the time of abortions and births (N=17,666)**

	Mean (std.dev.)		
	Sample mean	At the time of abortion	At the time of birth
Age	28.9 (0.01)	25.8 (0.09)	29.5 (0.03)
Years in union	6.9 (0.05)	6.3 (0.12)	5.6 (0.02)
Number of children[a]	1.8 (0.01)	0.8 (0.02)	0.94 (0.01)
Age of the youngest child (parous women)[a]	11.2 (0.04)	1.3 (0.05)	2.8 (0.02)
Age at the start of the first union	23.7 (0.03)		
Age at the start of the second union	30.7 (0.07)		
	% at the end of the study	% at the time of abortion	% at the time of birth
Ever had an abortion	23.2		
Low education	14.3	45.8	16.9
Middle education[b]	70.5	51.2	70.7
High education[b]	15.2	3.0	12.4
In union	71.0	37.2	92.3

Notes: [a] Measured at the end of the study period; [b] In the multivariate models these categories were combined into one category of 'at least middle education.'
Source: Register of Induced Abortions, Medical Birth Register, and the Population Register of Finland.

Table 1 shows that 23% of the women ever had an abortion. Almost half of these women only had low education at the time of abortion. At the end of the study period only 14% of the entire sample were in this category. It may indicate many women obtained abortions when they were relatively young and only completed their education after the event. Around 37% of women were in union at the time of abortion, compared to 92% in union at the time of births.

Table 2 provides information on the sequencing of the partnership events and pregnancies. Around 9% of women remained single throughout the study period, whereas around a fifth cohabited but never married, and 16% married but never cohabited. Around 30% had more than one cohabiting union but only 3% had more than one marriage. One-fifth of unions were direct marriages (or marriages which were preceded by cohabitation that started the same year the couple got married – in which case only marriage would show up in registers), and the rest were cohabiting unions or unions that started with cohabitation and were later converted into marriage. Almost half of the women experienced at least one union dissolution.

Table 2: **Sequencing of partnership events and pregnancy outcomes, % and N**

Partnership history	%	N (women)
Never in union (% of women)	8.6	1,526
Cohabitation only (% of women)	21.0	3,703
Marriage only (% of women)	16.4	2,888
Several cohabiting unions (% of women)	29.9	5,257
Several marriages (% of women)	2.6	451
Direct marriage (% of unions) [a]	20.8	5,256[a]
Ever union dissolution (% of women)	48.1	8,407
Pregnancy history (% of ever pregnant women)		**N (events)**
Births only	71.7	10,345
Abortion(s) then birth(s)	12.2	1,764
Birth(s) then abortion(s)	5.1	729
Abortions only	4.7	675
Birth(s), abortion(s), birth(s)	2.8	408
Abortion(s), birth(s), abortion(s)	1.7	250
More complex sequences	1.8	258
Ever pregnant (% of all women)	**81.2**	**14,369**

Notes: [a] Or unions which became marriages the same year cohabitation started; N of unions.
Source: Register of Induced Abortions, Medical Birth Register, and the Population Register of Finland.

Table 2 also shows that most women in the sample who ever got pregnant (N=14,549, 81% of women) only experienced pregnancies ending in birth (72% of ever pregnant women). Approximately 5% of them only experienced abortion(s). Around 12% postponed childbearing by terminating their first pregnancy (or first pregnancies) but later had birth(s), and 5% first had birth(s) that were followed by abortion(s). The rest of the women experienced more complex pregnancy histories.

4.2 Unobserved characteristics

In all the conducted multi-level models, the woman-specific error variances were statistically significantly different from zero, indicating there were time-invariant woman-level unobserved characteristics affecting women's likelihood of terminating a pregnancy, giving birth, or leaving a romantic relationship (Table 3). These random effects were correlated with each other in the multi-process models, showing that abortion decisions were made jointly with childbearing and relationship decisions. The correlations were significant, as indicated by the credible intervals not including zero and the Bayesian deviance information criterion (DIC) values, which were smaller for the model that allowed for correlation between the three random effects (DIC=344,454,

not shown) than for the model where the correlations were restricted to zero (DIC=344,768, not shown).

Table 3: **The variances of the random effects and their correlations across equations (95% credible intervals (CI) in parentheses)**

a) Single-process (for union dissolution) and competing-risks (for pregnancy outcomes) models

Outcome	Union dissolution	Abortion	Birth
Union dissolution	0.45 (0.38, 0.51)		
Abortion		0.48 (0.37, 0.59)	
Birth		−0.32 (−0.51, −0.15)	0.14 (0.12, 0.17)

b) Three-process model

Outcome	Union dissolution	Abortion	Birth
Union dissolution	0.47 (0.41, 0.54)		
Abortion	0.60 (0.47, 0.72)	0.55 (0.43, 0.67)	
Birth	−0.29 (−0.42, −0.17)	−0.28 (−0.45, −0.12)	0.14 (0.11, 0.17)

Notes: Diagonals show the variance (95% CI) of the random effect and off-diagonals the respective correlations between the random effects (95% CI).
Source: Register of Induced Abortions, Medical Birth Register, and the Population Register of Finland.

The correlation between the random effect of the abortion model and that of the birth model was moderately strong and negative in the competing-risks and the three-process models (–0.32 and –0.28, respectively) (Table 3). This suggests that women with above average risk of an abortion had a below average risk of giving birth due to time-invariant unobserved characteristics.

The correlation between the random effects of the abortion and the union dissolution models was strong and positive (0.60), suggesting women with an above average risk of a union dissolution due to unobserved characteristics also had an above average risk of an abortion (Table 3). In other words, women in unstable unions also had a higher likelihood of abortion due to unobserved woman-specific characteristics affecting both the probability of her union dissolving and her likelihood of terminating a pregnancy.

The correlation between the random effects in the birth and union dissolution models was negative (–0.29), which implies women with a high propensity of union dissolution due to time-invariant unobserved characteristics had a below average propensity to give birth (Table 3).

4.3 Observed characteristics and the hazard of abortion

The fixed parts of the competing-risks and the three-process models were similar (Table 4). Thus, the results I report below refer to the three-process model, but in most cases also hold for the single-process and competing-risks models. As expected, the estimates changed the most for covariates measuring aspects similar to those in the added third process; that is, variables measuring births, abortions, and relationship events.

Table 4: Odds ratios of MCMC models (single-process/competing-risks and three-process models) estimating the hazards of a) conception leading to abortion; b) conception leading to birth; and c) union dissolution
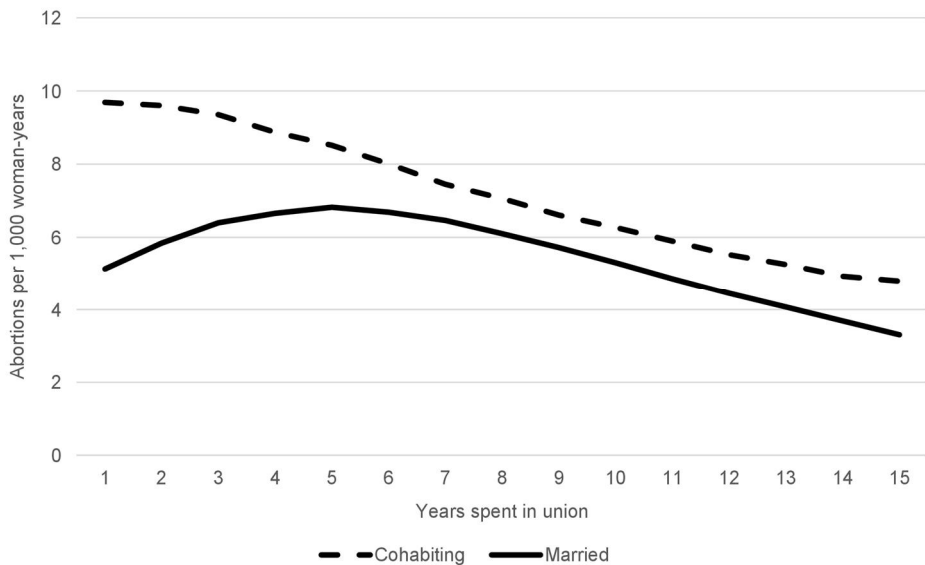
	a) Outcome: abortion		b) Outcome: birth		c) Outcome: union dissolution	
	Competing-risks	Three-process	Competing-risks	Three-process	Single-process	Three-process
	OR	OR	OR	OR	OR	OR
Constant	0.01***	0.01***	0.01***	0.01***	0.01***	0.01***
Union status (ref.: not in union)						
Married	0.43***	0.41***	23.5***	23.8***	1.00 (ref.)	1.00 (ref.)
Cohabiting	0.85**	0.86**	6.04***	6.02***	7.58[a] ***	7.57[a] ***
Pregnancy interval						
Years since age 15 or last pregnancy	1.09***	1.09***	1.07***	1.07***	n/a	n/a
Years since age 15 or last pregnancy^2	0.99***	0.99***	0.997***	0.997***	n/a	n/a
Length of union						
Years in union	1.02	1.05*	0.95***	0.94***	1.11***	1.10***
Years in union^2	0.997***	0.997***	0.997***	0.997***	0.996***	0.997***
Years in union*Cohabiting	0.89***	0.90***	1.15***	1.14***	0.99	1.00
Years in union^2*Cohabiting	1.01***	1.01***	0.995***	0.995***	0.998**	0.998***
Number and age of children (ref.: childless)						
One child aged < 18 months	2.98***	2.84***	3.26***	3.29***	0.51***	0.54***
One child aged ≥ 18 months	1.53***	1.45***	0.95	0.97	1.11**	1.14***
Two or more children, youngest < 18 months	3.76***	3.39***	0.62***	0.63***	0.39***	0.44***
Two or more children, youngest ≥ 18 months	1.57***	1.41***	0.29***	0.30***	0.85***	0.90
Ever had an abortion	1.43***	1.36***	1.21***	1.20***	1.37***	1.03
Union dissolution (ref.: no dissolution)						
Divorce	3.99***	3.31***	0.16***	0.17***	n/a	n/a
Dissolution of cohabiting union	2.33***	1.88***	0.53***	0.56***	n/a	n/a
Low education (ref.: mid/high)	1.41***	1.40***	0.90***	0.90***	1.36***	1.36***
Age	0.96***	0.95***	0.98***	0.98***	0.95[b] ***	0.95[b] ***
Two or more unions (ref.: one)	n/a	n/a	n/a	n/a	2.01***	1.97***

Notes: [a] ref: married; [b] age at the start of the union; n/a= not applicable; Ref.= Reference category; ***p<0.001; **p<0.01; *p<0.05; All variables are time-varying.
Source: Register of Induced Abortions, Medical Birth Register and the Population Register of Finland.

Figure 1 shows the population median predicted probability of abortion by union length and type based on the three-process model. Married women had a low likelihood of abortion throughout their union. Women in cohabiting relationships had a higher probability of abortion at the beginning of the union than married women, but it declined over time, reaching the levels of married women after around five years of cohabitation. The tendency for cohabiting unions to become more like marriages over time has also been found in other studies (Hoem, Jalovaara, and Muresan 2013; Holland 2011; Lyngstad, Noack, and Tufte 2011; Perelli-Harris et al. 2014).

Figure 1: Predicted population median estimates of number of abortions per 1,000 woman-years among married and cohabiting couples by union length in years

Note: Probabilities calculated based on the three-process model presented in Table 4.
Source: Register of Induced Abortions, Medical Birth Register, and the Population Register of Finland

Those who experienced a divorce had three times higher odds of experiencing a conception leading to abortion within the same year than those who did not. The odds were 88% higher among women who experienced the dissolution of a cohabiting union than among those who experienced no dissolution (Table 4).

Women whose youngest child was aged less than 18 months had around three times higher odds of abortion than women with no children (Table 4). Their odds were

also higher than for women with older children. Although the odds were quite different depending on the age of the youngest child, the risk did not vary as much depending on whether the woman only had one child or at least two children. The high risk of abortion among mothers with young children is consistent with earlier findings that abortions soon after a birth are relatively common in Finland (Vikat, Kosunen, and Rimpelä 2002).

Having had a previous abortion increased the odds of having another one by around 36%. As suggested by previous studies (e.g., Regushevskaya et al. 2009; Väisänen 2015, 2016), low education was associated with a higher likelihood of abortion. The odds of abortion were negatively associated with age (Table 4).

4.4 Observed characteristics and the hazard of birth

Married women had more than 20 times the odds of experiencing a conception leading to a live birth than single women, whereas cohabiting women were in between the two groups with six times the odds of single women (Table 4). A divorce was associated with lower odds (OR=0.17 compared to those who experienced no dissolution) of experiencing a conception leading to birth within the same year than among women who experienced dissolution of a cohabiting union (OR=0.56).

Mothers of one child under the age of 18 months had higher odds of experiencing a conception leading to birth than those whose children were older, those with at least two children, and those with no children. This perhaps reflects a desire to have one's children relatively closely spaced but to stop childbearing after having two children. Having had an abortion in the past was associated with 20% higher odds of conceiving and subsequently giving birth than among those who had never had an abortion. The association between low education and the likelihood of birth was negative (Table 4).

4.5 Observed characteristics and the hazard of union dissolution

Interestingly, having had an abortion in the past increased the risk of union dissolution in the single-process model, but the association was no longer significant when the relevant processes were modelled simultaneously (Table 4). This implies that the association observed in the single-process model was the result of women with a higher propensity to have an abortion due to unobserved characteristics also being more likely to experience a union dissolution due to these characteristics, rather than due to having had a previous abortion. The odds of union dissolution were higher among cohabiting couples than married couples. Women with young children were less likely to separate

from their partners than women with children who were at least 18 months old and women who had no children. The highest odds of union dissolution were observed among those who had one child older than 18 months. Higher education was associated with a lower risk of union dissolution.

5. Discussion

5.1 Summary of findings

I examined whether there were unobserved shared factors driving the decision-making processes regarding abortions, births, and union dissolutions by estimating these three processes simultaneously and testing whether the unobserved (random) parts of these models were correlated. All the random effects correlations were statistically significant, confirming there were mutual unobserved factors driving these processes. Ignoring such correlation and estimating the models separately may lead to bias in the estimates of the observed part of the model (Lillard 1993; Steele et al. 2005). Estimating the three processes simultaneously also shows how they are intertwined and helps to understand the possible mechanisms behind these findings. This is the first study to examine this issue.

There were unobserved time-invariant woman-level characteristics that were associated with the likelihood of experiencing an abortion, a birth, or a union dissolution. The characteristics explaining, for instance, the unobserved heterogeneity in the likelihood of abortion may include such things as personality traits, which have been shown to be associated with the planning status of pregnancies (Berg et al. 2013); negative attitudes towards abortion, as they may lead to not terminating a pregnancy even if it is unwanted (Johnson-Hanks et al. 2011); religiosity, which has been associated with negative attitudes towards abortion in the United States (Ellison, Echevarría, and Smith 2005; Hess and Rueb 2005); and preferred family size, as women with a large preferred family size may be less likely to terminate an unintended pregnancy than women who want to restrict their family size at lower levels, although this only applies if the preference remains unchanged over time. Longitudinal studies in the United States show that most women's fertility preferences stay constant over several years (Heaton, Jacobson, and Holland 1999; White and McQuillan 2006).

5.2 Abortions and union dissolutions

Women more inclined to have unstable relationships were also more likely to have an abortion due to characteristics unobserved in this study. It may be that religious women, who are more likely to express negative attitudes towards abortion (Ellison, Echevarría, and Smith 2005; Hess and Rueb 2005), are also less likely to approve of divorce, making them less likely to experience either of these events. Perhaps the personality traits associated with the planning status of pregnancies (Berg et al. 2013) can also be associated with the likelihood of union dissolution.

The fixed part of the models shows that likelihood of abortion was higher among women who had experienced a union dissolution than among those who had not. Interestingly, the effect was stronger for divorce than it was for dissolution of a cohabiting union. If union dissolution is an indicator of problems in the relationship in the period preceding the dissolution, the finding is consistent with previous studies that show that having relationship problems is a commonly cited reason for having an abortion (Bankole, Singh, and Haas 1998; Chibber et al. 2014; Finer et al. 2005; Kirkman et al. 2009). Women in relationships that are likely to dissolve soon may be less likely to want children due to the added cost of breaking up if children are involved (Lillard and Waite 1993), and thus are more likely to terminate an unintended pregnancy than those in a stable relationship.

The likelihood of abortion was higher for women who were cohabiting than for women who were married during approximately the first five years of the union. Perhaps some abortions within cohabiting unions were obtained because the women felt that the pregnancy happened too early in the relationship (Chibber et al. 2014; Kirkman et al. 2009), whereas it may be less likely for married women to think the relationship is not yet ready for childbearing. After the first five years the risks were at a similar level in both groups. This is in line with studies showing cohabitations tend to become similar to marriages over time, despite the differences in the early stages of the unions (Hoem, Jalovaara, and Muresan 2013; Holland 2011; Lyngstad, Noack, and Tufte 2011; Perelli-Harris et al. 2014).

5.3 Abortions and births

The correlation between the random effects in the competing-risks model measuring the hazard of births and abortions was moderate and negative. This implies that due to unobserved time-invariant characteristics, women who had an above average risk of giving birth had a below average risk of abortion. Such characteristics may include, for example, religious beliefs, which are often associated with negative attitudes towards

abortion (Ellison, Echevarría, and Smith 2005; Hess and Rueb 2005), and preference for high fertility (Frejka and Westoff 2007; McQuillan 2004).

5.4 Births and union dissolutions

The random effects correlation between the union dissolution and birth models was negative. A positive correlation, which has been found previously (e.g., Leone and Hinde 2007) would have implied that women who due to time-invariant unobserved characteristics were more likely to experience union dissolutions were also more likely to have above average fertility. This may happen if couples in each new partnership wish to have a child together in order to show commitment to each other or to stabilise an otherwise precarious relationship, resulting in higher fertility compared to those with fewer partnerships (Balbo, Billari, and Mills 2013; Leone and Hinde 2007). Evidence of such mechanisms was not found here. This may be because marrying more than once was rare in this dataset, and most often women who had more than one union had first cohabited, followed by cohabitation and/or marriage with a new partner. Perhaps the women's first unions happened early in the life course (average age 23.7) and were not as committed as later unions.

5.5 Limitations of the study

There were limitations to this study. The reasons for abortion are complex and there is rarely only one reason for the decision (Bankole, Singh, and Haas 1998; Kirkman et al. 2009). I focused on two aspects, romantic relationships and timing of births, but I did not separately address other aspects women commonly cite when having an abortion, such as economic concerns (Bankole, Singh, and Haas 1998; Finer et al. 2005). Estimating education and career trajectories simultaneously with pregnancy and relationship transitions was not possible due to lack of appropriate data on education and career transitions – it would have been necessary to know, for example, when exactly women completed their education and transitioned into employment. Future studies should address this issue.

I cannot claim there is a causal relationship based on the results of this study, as the timing of the events was not clear. If a pregnancy and a union dissolution were registered as having happened in the same year, it was impossible to know which happened first, as the exact timing of the union dissolution was not recorded. However, the timing of the decision-making process would have remained unclear even if I had known the exact date of union dissolution, as it takes time before a divorce comes into

effect, and moving out from a shared home may take months. Thus, with register data the timing of these types of events is always imprecise. However, the advantage of the superior reliability of register data in a study of abortion is sufficiently large to justify its use.

While the discussion of possible shared factors driving the three processes in this study was restricted to description of the time-invariant woman-level characteristics that may drive the three processes, it may be that the random effects of these processes were also correlated due to other reasons. It is likely, for instance, that women consider the implications of one decision (e.g., to leave a romantic relationship) on other decisions (e.g., whether to continue a pregnancy). In order to test this assumption statistically it would be necessary to fit a full structural model that allows for the structural effects of the hazard of one outcome to affect the other (see e.g., Lillard and Waite 1993). Fitting such a model requires using instrumental variables, which are associated with one outcome but not the other(s). Lillard and Waite (1993) achieved this by exploiting the differences in US state-level policies and characteristics, but such differences do not exist in Finland. Future studies should address this issue using data that includes suitable instrumental variables.

5.6 Conclusions

Time-invariant unobserved woman-level characteristics jointly affected the likelihood of experiencing an abortion, a birth, or a union dissolution. Such characteristics may include, for instance, personality, attitudes, and beliefs (Berg et al. 2013; Ellison, Echevarría, and Smith 2005; Hess and Rueb 2005; Johnson-Hanks et al. 2011). The likelihood of obtaining an abortion was higher for cohabiting than for married women during the first five years of the union, after which few differences were observed between the two groups. While experiencing a union dissolution was associated with a higher risk of abortion within the same year, the effect was stronger for divorce than for dissolution of a cohabiting union. These results are in line with studies showing that while cohabiting relationships may be less committed than marriages in the early stage of the union, cohabitations tend to become similar to marriages over time (Hoem, Jalovaara, and Muresan 2013; Holland 2011; Lyngstad, Noack, and Tufte 2011; Perelli-Harris et al. 2014).

The strengths of this study include the reliability of the dataset, which does not suffer from underreporting of abortion or attrition over time. Moreover, this is the first time the decision-making processes regarding abortion, births, and union dissolution have been estimated and studied jointly, thus making an important contribution.

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